MINUTES
CITY OF MONTEREY PARK
COMMISSION ON AGING
REGULAR MEETING
April 18, 2016

The Commission on Aging held a Regular Meeting of the Board in the Langley Center, Room 1, located at 400 West Emerson Avenue in the City of Monterey Park, Monday, April 18, 2016 at 11:00 a.m.

CALL TO ORDER:
Chairman Steve Shieh called the meeting to order at 11:13 a.m.

FLAG SALUTE:
Commissioner Agnes Arakawa led the flag salute.

ROLL CALL:
Chairman Steve Shieh called the roll:
Commissioners Present: Steve Shieh, Agnes Arakawa, Betty Cheng, Michael Lopez , Charles Mau, Alex Tang, Sam Park, and Beryl Shieh
Commissioners Absent: Virginia Gutierrez and Virginia King
Also Present: Ben Herrera, Recreation Supervisor and Jennifer Clark, Senior Clerk Typist Temp

AGENDA ADDITIONS, DELETIONS, CHANGES AND ADOPTION
None.

ORAL AND WRITTEN COMMUNICATIONS
None.

APPROVAL OF MINUTES:

Approval of Minutes from the March 21, 2016 Commission on Aging Regular Meeting.

Action Taken: The Commissioners approved the minutes from the March 21, 2016 Commission on Aging minutes.

Motion: Moved by Commissioner Cheng and seconded by Commissioner Tang, motion carried by the following vote:

Ayes:	Board Members:	Shieh, Arakawa, Cheng, Lopez, Mau, Park, Shieh and Tang
Noes:	Board Members:	None
Absent:	Board Members:	Gutierrez and King
Abstain:	Board Members:	None

STAFF REPORT: Presented by Recreation Supervisor

Recreation Supervisor Herrera presented a brief staff report updating the commissioners on recent activities stating: (1) to change the date of the Special Reception meeting from September 10 to August 20, Saturday; (2) applications for re-appointment have been submitted; (3) in March, we had the unfortunate loss of Commissioner Virginia Gutierrez. The funeral service is Friday April 22; (4) Commissioner King met with himself and Barbara Hamer, Program Coordinator, to discuss having a book service through Dial-A-Ride to help deliver books to seniors at home. They want to work on a schedule of programming to use computers more and incorporate memory games and coloring games to help create mental stimulation; (5) they want to provide a live demonstration to work on specific crafts to entice people to sign up for a class and 6) July 1 the Langley Senior Center will be open 7 days a week: 9:00am – 5:00pm Saturday and 8:00am – 2:00pm Sunday.

NEW BUSINESS:

1. Budget Hearings Update and CIP Requests

Discussion: Recreation Supervisor Herrera addressed the commissioners stating that with the preliminary budget, there is $1 million for a year where 6505 is for Programming and the Facility and 6511 is for Dial-A-Ride. Computer maintenance is included in the budget. He fixed the Exercise equipment. He updated the Billiard room supplies and Game room supplies. He intends to replace at least 2 ping pong tables a year. He is approved to purchase new dumbbells, rack, bowflex benches and light weights. The purchase of a new Ice Machine is approved before the end of this fiscal year. The speed bumps in the parking lot was not approved; however, the City wants to install a solar car port in the Langley Center parking lot to generate our own energy. In the future, there is a planned restroom project to make renovations. He is looking into Fitness On Demand which operates on a kiosk and schedules different types of exercise such as yoga or pilates without an instructor or just set up a tv monitor and anyone can drop-in for exercise at all levels. As of now, there is $13,000 in the budget for staff in order for Langley Senior Center to be open 7 days a week.

2. Expanding Reach Through Social Media – Commissioner Michael Lopez

Discussion: Commissioner Michael Lopez will call Recreation Supervisor Ben Herrera to set up a meeting. He spoke with the younger group of volunteers to help do the social media to reach out to local seniors using Facebook, Twitter,etc. to help market The Langley Senior Center on the world wide web.

3. Lunch Volunteer

Discussion: Recreation Supervisor Herrera addressed the commissioners stating they are still looking for a Lunch Volunteer. They need someone who will be the liason to communicate between the YWCA Intervale and the people who provide the lunch. This person will attend 4 meetings a year.

ANNOUNCEMENTS:

Recreation Supervisor Herrera informed the Commissioners of calendar events:

1. Cherry Blossom at Barnes Park – April 16, 17, 2016
2. Cinco de Mayo Festivities at Barnes Park – 1:00pm-5:00pm, May 1, 2016
3. Mother's Day Luncheon with a Mariachi Band at Langley Center – 11:00am – May 5, 2016
4. Playdays Carnival at Barnes Park – May 12-15, 2016

ADJOURNMENT

There being no further business for consideration, the meeting was adjourned at 12:00 p.m. to the next scheduled meeting on Monday, May 16, 2016 at 11:00 a.m. in Langley Senior Center.

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Ben Herrera
Secretary