

**MINUTES
CITY OF MONTEREY PARK
COMMISSION ON AGING
REGULAR MEETING
June 20, 2016**

The Commission on Aging held a Regular Meeting of the Board in the Langley Center, Room 1, located at 400 West Emerson Avenue in the City of Monterey Park, Monday, June 20, 2016 at 11:00 a.m.

CALL TO ORDER:

Chairman Steve Shieh called the meeting to order at 11:05 a.m.

FLAG SALUTE:

Chairman Steve Shieh led the flag salute.

ROLL CALL:

Commissioner Michael Lopez called the roll:

Commissioners Present: Chairman Steve Shieh, Betty Cheng, Virginia King, Michael Lopez, Charles Mau, Beryl Shieh and Alex Tang.

Commissioners Absent: Agnes Arakawa and Sam Park

Also Present: Ben Herrera, Recreation Supervisor and Jennifer Clark, Senior Clerk Typist Temp.

AGENDA ADDITIONS, DELETIONS, CHANGES AND ADOPTION

No Swearing In Ceremony City Clerk, Vincent Chang.

ORAL AND WRITTEN COMMUNICATIONS

None.

APPROVAL OF MINUTES:

Approval of Minutes from the April 18, 2016 Commission on Aging Regular Meeting.

Action Taken: The Commissioners approved the minutes from the April 18, 2016 Commission on Aging minutes.

Motion: Moved by Commissioner Shieh and seconded by Commissioner Lopez, motion carried by the following vote:

Ayes:	Board Members: Shieh, Cheng, King, Lopez, Mau, Shieh and Tang
Noes:	Board Members: None
Absent:	Board Members: Arakawa and Park
Abstain:	Board Members: None

STAFF REPORT: Presented by Recreation Supervisor

Recreation Supervisor Herrera presented a brief staff report updating the commissioners on recent activities stating: (1) that he met with the students at Macy School/the National 4-H Club to collaborate to work on the social media network aspect for the Langley Senior Center. They will comply with the Brown Act in which the City of Monterey Park and Langley Center can not be associated with it as an entity. The Commissioners can participate outside of that. The social media online websites will be used to make announcements about everything that is going on with the senior center; (2) he wants to offer seniors classes that will help them get connected using the computer with classes for Facebook, Twitter, Instagram and Youtube where they can create their own pages and incorporate applications in order to have instant communication with them;

Action Taken: The Commissioners made a motion and decided that the Macy 4-H Club will take on the responsibility of the social media as a community group for this volunteer activity.

Motion: Moved by Commissioner King and seconded by Commissioner Mau, motion carried by the following vote:

Ayes: Board Members: Shieh, Cheng, King, Lopez, Mau, Shieh and Tang
 Noes: Board Members: None
 Absent: Board Members: Arakawa and Park
 Abstain: Board Members: None

Action Taken: The Commissioners made a motion and decided that the name for The Langley Senior Center Facebook page will be called "The Langley Center Connection".

Motion: Moved by Commissioner King and seconded by Commissioner Lopez, motion carried by the following vote:

Ayes: Board Members: Shieh, Cheng, King, Lopez, Mau, Shieh and Tang
 Noes: Board Members: None
 Absent: Board Members: Arakawa and Park
 Abstain: Board Members: None

(3) Ben Herrera will have control of the information on the main page of Facebook and Commissioner Michael Lopez is responsible for the administrative part with the National 4-H Club volunteer group of kids; (4) Ben sent an Email informing the Commissioners that the June 11, 2016 social reception was cancelled and the next event will be August 20, 2016 and changed the location from El Encanto to Elder Park. The Councilwoman Teresa Real Sebastian was opposed to having events at El Encanto; (5) We had a successful Mother's Day Luncheon on May 5, 2016 with 300 people in attendance and a Mariachi band; (6) The Senior Center has a new ice machine in the kitchen which was

installed today; (7) there is approval to order new fitness equipment and two new ping-pong tables to attract additional seniors to the center; (8) another service he is looking to procure is a Fitness on Demand for virtual fitness where seniors can come in to exercise in front of a tv monitor screen without an instructor; (9) June 16, 2016 we had a Father's Day Social with about 150 people in attendance with pastries from Porto's Bakery; (10) June 30, 2016 we will have the Summer Staff Luncheon; (11) July 1, 2016 – The Langley Senior Center is officially open every Saturday and Sunday 8:00a.m. – 2:00p.m. and Monday through Friday 8:00a.m. – 5:00p.m. Reservations for renting rooms must be made after 3:00p.m. on the weekend; (12) a new Clerk Typist part-time/Administrative Intern was approved to work on the weekends with \$13,000.00 and (13) the Senior core club groups will not have to pay for their meetings per month and Billiards, Ping-Pong, and Exercise room will be free to the public on the weekends.

NEW BUSINESS:

1. Roster is still the same.
2. There is no new Commissioner yet.
3. Quarterly Reception Meetings

Discussion: August 20, 2016 is the second meeting on the schedule. Commissioner King wants to give recognition to seniors who are ages 90-95 and older. Commissioners Shieh and King want to put flyers to help promote it. Ben will buy monitors and stands for these reception meetings and also for the Fitness on Demand.

4. Langley Center Policies and Procedures – Create a Campaign

Discussion: They plan to address people who are acting inappropriately as an educational process. They will have a hard copy book with policies and procedures. Commissioner Shieh said that we can include this in a handbook. People complained that the line dancing was still in progress and people who came in to eat the lunch want to have a good seat and they arrive early and they talk very loud and they are unable to hear the music. People become accustomed when they arrive and one option is to close the room so there is no interruption or to change the event to a different day and time. Commissioner King stated that it is important to be respectful to other people in the center overall. We need to create an environment with social behavior that is acceptable so that everyone has a positive experience at the Senior Center. This needs to be a long term educational process where the policy states that it is not a socially acceptable behavior. There are groups of people who do not want to come here because of it. They want to have a hard copy which is approved by the Commission and a signage center so that it can be shown to people and that they agree with it.

ANNOUNCEMENTS:

Recreation Supervisor Herrera informed the Commissioners of calendar events:

1. 4th of July Festivities @ Barnes Park – Monday July 4, 2016
2. Langley Center is closed for the Holiday on Monday July 4, 2016

ADJOURNMENT

There being no further business for consideration, the meeting was adjourned at 12:05 p.m. to the next scheduled meeting on Monday, July 18, 2016 at 11:00 a.m. in Langley Senior Center.

Ben Herrera
Secretary